

# Use & Care of Children's Eyeglasses

For \_\_\_\_\_'s Glasses!



## General rules for eyeglasses:

- 👁️ Eyeglasses are medical devices and should be treated as such.
- 👁️ Other children should not be allowed to play with the glasses.
- 👁️ If the frame gets bent or broken, please do not try to bend them back, as this can further damage the frame.
- 👁️ For most children, the glasses should stay on at all times unless the child is napping or the glasses are being cleaned. Please verify with parents about when their child should wear their glasses.
- 👁️ If the glasses do need to come off, put them in their case, or set them with lenses facing up in a safe spot where they won't get lost or broken.
- 👁️ Use both hands to remove or put the glasses on (this helps keep the frames from getting bent).
- 👁️ Additional instructions:

## Cleaning Glasses

Glasses on little ones can get dirty—*fast!*

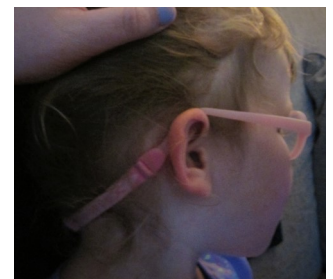
- 👁️ Use only glasses cleaning cloths provided by parents, or a soft cotton cloth.
- 👁️ If the lenses are just smudged, polish them with the provided cloth.
- 👁️ If the lenses are especially dirty, run them under water first to remove any grit and then rub them with a small amount of liquid soap on and rinse with water.
- 👁️ Dry the lenses with a microfiber or cotton cloth.
- 👁️ Frames can be washed with soap and water.

## Special instructions for soft, flexible frames with straps:

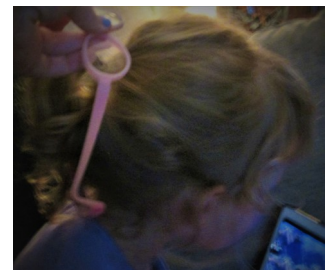


Many children's frames are made of flexible rubber and come with a strap. They are not like typical adult frames you may be familiar with, they and require a few different instructions.

- 👁️ The glasses can get wet during play time and will dry easily.
- 👁️ The strap does not need to be unhooked from the glasses. Doing this will make the hole bigger and difficult to keep together.
- 👁️ Though the strap can be tightened or loosened, do not adjust it unless instructed by parents.
- 👁️ The strap should sit below the child's hair line in the back. At least two adult fingers should be able to fit between strap and child's head. The ear pieces should be curved, if they are straight the strap is too tight. Please let the parents know if the strap is not fitting correctly.
- 👁️ When taking glasses off, if child is able to remove them on their own, please let them do that. Otherwise, please remove glasses from the front.
- 👁️ When glasses are off for naptime, you can store them with the band around the middle. Ask the parents if they would like you to do this.
- 👁️ To put glasses on, first put them over the head completely and position the strap in back, pull hair over the strap and then position glasses over ears and nose.
- 👁️ Lenses should not pop out, but if one does, please carefully pop it back into the glasses. Parents will need notified about this on the same day so that this can be monitored.



The strap sits under the hairline.



Remove glasses from the front.